## Welcome to Verudela, Pula!

## 1. Discover the Local Area, Culture, and Heritage

- **Verudela** is a beautiful coastal area located just a few kilometers from the historic center of **Pula**. Known for its crystal-clear waters, scenic walking paths, and family-friendly beaches, Verudela is a peaceful gateway to both nature and culture.
- **Pula** itself is rich in Roman history, home to remarkable sites such as the **Pula Arena** (one of the world's best-preserved Roman amphitheaters), the **Temple of Augustus**, and ancient city gates like the **Arch of the Sergii**.
- The Istrian Peninsula blends Croatian, Italian, and Austro-Hungarian influences, reflected in its architecture, traditions, and gastronomy.

# 2. Respecting the Local Culture and Way of Life in Croatia

- **Greet People Warmly**: A simple "Dobar dan" (Good day) goes a long way in Croatia and is seen as polite when entering shops, cafes, or approaching locals.
- **Dress Respectfully**: When visiting religious or historic sites, be sure to cover shoulders and knees.
- **Care for Nature**: Stick to marked paths and protect the local flora and fauna Verudela's coastal parks and green areas are precious.
- **Tipping**: It's customary to leave about 10% when dining out if you are happy with the service.
- **Mind the Quiet Hours**: Many local neighborhoods appreciate calm evenings, so please keep noise to a minimum after 10 PM.

### 3. Support Local Products, Services, and Experiences in Verudela and Pula

- Buy Local: Support local artisans by purchasing:
  - Handmade crafts (pottery, jewelry, traditional textiles).
  - o Locally produced olive oil, truffles, wines, lavender products, and honey.
- Local Dining: Choose restaurants and konobas offering traditional Istrian dishes like "pljukanci" (hand-rolled pasta), fresh Adriatic seafood, and "fritule" (local sweet pastries).
- Eco-Friendly Activities:
  - Explore Verudela's coastline by renting a kayak or paddleboard.
  - Take a guided bike tour to discover hidden beaches and coves.
  - Visit **Aquarium Pula**, located inside an Austro-Hungarian fortress, which also supports marine conservation and education efforts.
- Cultural Experiences:

• Attend local summer festivals, open-air concerts, and art exhibits happening around Pula and Verudela.

## 4. How You Can Support Local Environmental Activities

- **Participate in Beach Clean-Up Days**: Local organizations often organize beach and underwater clean-ups information is available at the reception.
- **Minimize Plastic Use**: Use reusable bags, water bottles, and containers during your stay to help protect the Adriatic Sea.
- **Choose Eco-Transport**: Rent a bike, take a coastal walk, or use public transportation to reduce your environmental footprint.
- **Respect Protected Areas**: Places like **Fratarski Island** (near Verudela) are protected help preserve them by staying on marked trails and taking your waste with you.
- **Support Conservation Efforts**: Consider visiting or donating to projects like the Aquarium Pula's sea turtle rescue program.

### Thank you for making a positive impact!

Your respect for the local community and environment helps keep Verudela, Pula, and the entire Istrian coast beautiful and vibrant for all.