

PARK PLAZA VERUDELA

sport & recreation

meeting point : Pool Park Plaza Verudela



MONDAY

09:30h MORNING STRETCHING
10:00h PLAY & WIN
10:30h AQUA FITNESS
11:30h POOL GAMES
15:30h AQUA FITNESS
16:30h TABLE TENNIS

TUESDAY

09:30h MORNING FITNESS
10:00h PLAY & WIN
10:30h AQUA FITNESS
12:30h WATER BASKET
15:30h AQUA FITNESS
16:30h BEACH VOLLEYBALL

WEDNESDAY

09:30h PILATES
10:00h PLAY & WIN
10:30h AQUA FITNESS
12:30h POOL GAMES
15:30h AQUA FITNESS
16:30h ARCHERY

THURSDAY

09:30h MORNING FITNESS
10:00h PLAY & WIN
10:30h AQUA FITNESS
12:30h WATERPOLO
15:30h AQUA FITNESS
16:30h MINI GOLF

FRIDAY

09:30h MORNING STRETCHING
10:00h PLAY & WIN
10:30h AQUA FITNESS
12:30h WATER BASKET
15:30h AQUA FITNESS
15:00h BEACH VOLLEYBALL

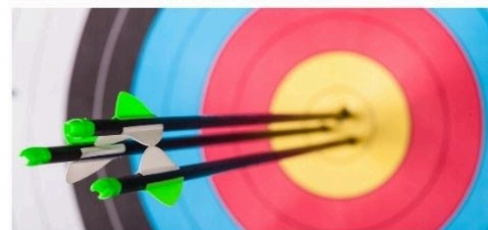
SATURDAY

09:30h PILATES
10:00h PLAY & WIN
10:30h AQUA FITNESS
12:30h POOL GAMES
15:30h AQUA FITNESS
16:30h TABLE TENNIS

SUNDAY

09:30h MORNING FITNESS
10:00h PLAY & WIN
10:30h AQUA FITNESS
12:30h WATERPOLO
15:30h AQUA FITNESS
16:30h ARCHERY

YOUR ENTERTAINMENT A2 TEAM



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